



## **Group Spiritual Direction to Begin this Fall**

Led by Dale Selover

### ***What is Group Spiritual Direction?***

*Perhaps it is best explained by former participant, pastor and chaplain, Charlotte Mallory:*

*"I have had the privilege of participating in Group Spiritual Direction for the past two years. It has significantly impacted my life and ministry by providing a safe and sacred space to share words and to share silence. Direction allows me to discern God's leading in the moment and in the recalled event while inviting others to discern their thoughts and their prayers on my behalf. It never "gets old" that we encounter God in the most unexpected places while at the same time we are reminded that God is always there. Direction continues to reinforce this for me. It is a blessed gift to gather with others and NOT focus on "problems" and "fixes" but to be intentional and focused on God being in the midst of it all, as God offers God's grace and mercy."*

Participants covenant to meet for two hours every month from **September through June.**

Day and evening groups are available. The cost is \$75/session. Scholarships are available.



**If you are interested in learning more about Group Direction, or if you would like to register, please email [hnd@popnj.org](mailto:hnd@popnj.org).**